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ADVANCED GASTROENTEROLOGY
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Bravo Patient Instructions

The purpose of the bravo pH capsule is to monitor the Esophagus for reflux.

We recommend that you keep the receiver with you at all times.

If you take a shower, keep it outside the shower stall. **DO NOT GET THE RECEIVER WET.**

The three symptom buttons on the receiver are for **Heartburn, Regurgitation, and Chest Pain.** Press the corresponding button when you have a symptom.

Write the time when you **start a meal and when you end a meal in the Diary.**

Write the time when you **lie down, and when you get up in the Diary.**

If the receiver loses the signal it will beep for approximately 30 seconds. You will see a C1 or C2 flashing on the screen where the time is located. Hold the receiver to your chest until the time returns. This might take about 30 seconds.

After 48 hours the receiver will automatically turn off.
The Capsule should fall off the esophagus in 5-7 days.

Please be sure to bring your Diary, when you return the receiver to the department.

No MRI for 30 days. If you must have an MRI, we recommend an x-ray, to determine if the capsule is present.